



SLC COUNSELING ASSOC.
545 HIGHLAND AVE
Cheshire, CT 06410
203-250-0305

SLC Supplemental Out Of Pocket Services

Changes to take effect January 1, 2022

The SLC and its clinicians are pleased to provide more than just counseling and social cognitive groups. Please note the following items are **NOT** covered by insurance and will be charged as an **OUT OF POCKET** expense. If there is something more we can do to support you or your child, please let us know, and we would be happy to provide an estimate of cost.

These items will need to be paid before your next regularly scheduled appointment or a payment plan established with our Business Manager, Lois Silver.

Services provided by Dr. Chris Abildgaard:

- ❖ Phone calls lasting more than 15 minutes: **\$75**
- ❖ IEP/504 reviews/School Based Observations/Reports/IEP or Meetings: **\$200/hr**
- ❖ Letters (max 1 page) requested by clients' family: **\$75**
- ❖ Email communication more than 1-2 times in a week: \$50 up to 5 emails \$75 for anything up to 10 emails anything over 10 will be subject to upwards of a \$100 fee
- ❖ Consultation with schools or outside providers (phone call lasting more than 15 minutes \$50, in-person meetings \$125-\$175 per hour)
- ❖ Parent meetings with Chris outside of a regularly scheduled appointment: **\$175**
- ❖ Any meetings requested to have Chris **AND** your clinician: **\$350**
- ❖ **Risk Assessment led by Dr. Abildgaard will be defined as:** an emergency office visit due to a mental health crisis. If a school requires a letter from a licensed professional that allows that student to re-enter the school building OR serious emotional or physical acts at home and family is seeking consult from licensed professional as to the best course of treatment. **Fee: \$500**

**Risk Assessment charges will be billed on a case by case basis to the family or pending school approval. The SLC-CA agreement with insurance companies does not cover risk assessments or emergency visits due to mental health crises.*

Services provided by SLC Clinical Staff:

- ❖ Phone calls lasting more than 15 minutes: **\$50**
- ❖ IEP/504 reviews/School Based Observations/Reports/IEP or Meetings: **\$125/hr**
- ❖ Letters (max 1 page) requested by clients' family: **\$50**
- ❖ Email communication more than 1-2 times in a week: \$50 up to 5 emails \$75 for anything up to 10 emails anything over 10 will be subject to upwards of a \$100 fee
- ❖ Consultation with schools or outside providers (phone call lasting more than 15 minutes \$50, in-person meetings \$100-150 per hour)
- ❖ Parent meetings with your clinician outside of a regularly scheduled appointment: **\$100-\$115**
- ❖ Any meetings requested to have Chris AND your clinician: **\$350**
- ❖ **Risk Assessment will be defined as:** an emergency office visit due to a mental health crisis. If a school requires a letter from a licensed professional that allows that student to re-enter the school building OR serious emotional or physical acts at home and family is seeking consultation from a licensed professional as to the best course of treatment. In most cases Dr. Abildgaard will also be involved with the risk assessment to some degree. **Fee: \$350**

**Risk Assessment charges will be billed on a case by case basis to the family or pending school approval. The SLC-CA agreement with insurance companies does not cover risk assessments or emergency visits due to mental health crises.*